

CHEER!

MICHIGAN

Summer Team Camp 2017

Parent & Athlete Information

The C!M Staff and Directors thank you for trusting us with your athlete's summer training. We are proud of our program and excited to work with your athlete!

Please read through and review this material carefully with your athlete. All of our policies and procedures are designed to ensure all athletes have an exceptional camp experience.

Thanks again!

**Kate Edge, C!M Director &
The CHEER! MICHIGAN Staff**

CHECK-IN AND CHECK-OUT

Day One:	3:30 p.m. ~ 5 p.m. <i>Dinner starts at 5!</i>
Final Day (All Camps):	Teams may leave after they are checked out at approximately 3:00 p.m.

EMERGENCY CAMP PHONE NUMBERS

Eastern Michigan Public Safety:	734.487.1222
C!M Office:	734.676.6334

C!M CAMP PHONE POLICY

Due to our active schedule during the day, athletes will not be able to make or receive phone calls except for emergencies. Athletes may NOT bring cell phones to the fields.

FINAL DAY FESTIVITIES

Visitors are welcome to attend our Final Day Camp Festivities beginning at 2:00 p.m. Our site map indicates where visitors should park and report - (Main Field or Bowen Field House) You may also choose to pick-up your athlete at 3:00 p.m. when the final day events conclude.

KEY POLICY

- All facilities charge a \$60 lost key fee and \$10 lost swipe card fee, ***DUE PRIOR TO CHECK-OUT***, for items not turned in to your Staff Buddy (athletes and coaches alike). There will be no refunds for keys or cards found after teams leave their session.

C!M PRO SHOPPE

There are great buys in our camp store; hoodies, tees, shorts, and more! We accept cash, Visa, and MasterCard.

SUMMER HEAT

Please send your athlete with sun block! We will have some available at every teaching station as well. We give frequent water breaks. Each athlete should bring a water bottle to the field each day. After a few days of working in the sun and heat, please expect some muscle soreness and fatigue!

SUPERVISION

Your teams will be completely supervised from the 9:00 a.m. morning Warm-Up until the end of the night Cool-Down. They will know where to find our C!M Staff throughout the night and at off hours, should emergencies occur.

After the teams leave the field for the night, coaches are responsible for the behavior and proper rest of their teams. Junior high and freshman teams must have adult supervision at all times.

SUPERVISION

While C!M Staff works diligently to supervise and ensure every team's safety at camp, we do rely on team's coaches to share in that responsibility. We ask coaches to help us in making sure athletes are following all of our rules and guidelines. This includes proper safety during stunting.

CANCELLATION POLICY/ REFUNDS

Refunds are issued for medical reasons ONLY and are only considered when a written request, accompanied by a certified medical note, is sent via mail to the C!M Office BY PARTICIPANT'S PARENT OR GUARDIAN.

There will be no exceptions to this policy.

- For a full refund, less the \$100 deposit, the request must be received a full two weeks before the session begins (that is when we call our guaranteed numbers in to our sites).
- A 50% refund, less the \$100 deposit, will be issued if request is received less than two weeks before the session begins.

Mail Refund Requests To:
CHEER! MICHIGAN
Refunds
20989 Hickory Street
Woodhaven, MI 48183

MAPS & RELEASE FORMS

Each coach has received

- a map to your site
- Release Form for you to complete and sign.

You can also find copies of these on our web-site at: Cheermichigan.com

Select the More Tab, Select Camp Confirmations

WHAT TO BRING

- Clothing for each day of camp (teams may choose to dress alike, but it is not required). Sports bras must be covered with tees or tanks. Athletic shoes and socks, pajama's, rain gear.
- Linens: bathmat, twin bedding, pillow, wash cloth, bath towel, hand towel.
- Personal toiletries, sun protection, insect repellent, hand soap for the bathrooms.
- Alarm clock, camera, water bottles, money for C!M Pro Shoppe (if desired).
- **TEAM BAG:** To be taken to the field each day for keys, hand sanitizer, handbooks, cameras, etc.
- **EMU:** Plan to bring a fan, EMU dorms are not air-conditioned.

WHAT NOT TO BRING

- **JEWELRY:** wearing it while cheering is not allowed under our state safety guidelines.
- **CELLULAR PHONES:** are not allowed on the fields or in the cafeteria.
- **VALUABLES:** C!M is not responsible for lost or stolen articles, including money.

Excellence Lives Here!



CHEER! MICHIGAN CAMP RULES

C!M Rules are for the health and safety of all and will be strictly enforced.

Teams or individuals not complying with these policies will be subject to immediate dismissal.

- No illegal drugs, alcohol or cigarettes are allowed at camp.
- All safety rules must be strictly adhered to. We expect all athletes to listen carefully to, and abide by all announcements, schedules, and staff direction.
- Shoes must be worn in all public places.
- In accordance with the Safety Guidelines, nails must be trimmed to the edges of the fingers. Individuals with hard casts cannot participate in stunting and **ALL PIERCED BODY JEWELRY MUST BE REMOVED. No jewelry - no exceptions!**
- Come to the field each day ready to work! No pop, gum, or candy and hair must be up! Athletes may not wear visors, plastic headbands or sunglasses during stunting or tumbling. Athlete's cell phones are not allowed on fields or in sessions.
- All items left on the field or in dorm rooms will be discarded or donated to charity at the end of each session.
- The C!M Staff expects our athletes to be polite, courteous and to treat one another, other teams, coaches and staff with respect at all times.
- Athletes may not leave camp by themselves or ride in cars during their session. Coaches should not drive athletes to and from locations during camp.
- Teams must clean up after themselves at meals. No food may leave the cafeteria.
- Please do not leave your rooms after Bed Check. Lights out at 11:00 p.m. Lock Out Policy - Campus or C!M Staff will not open doors after Bed Check. Athletes will have to bunk up if locked out.

Camp Rules Continued...

- C!M does not tolerate any Team Initiation process.
- C!M is not responsible for the loss of money or valuables.
- In the event of a medical emergency, send two people to a C!M Staff Member or Athletic Trainer immediately. We are available 24 hours a day.
- Rooms must be completely cleaned prior to checkout. Contact staff for trash bags or repairs.
- In rooms, do not use decorative substances that will leave permanent damage (paint, markers, tape, tacks, etc). Teams will be charged for any cost incurred as a result of damage from decorations or misuse. Turn off lights and electrical devices when leaving your rooms.
- Lock your doors at all times to ensure privacy and do NOT lean against screens/windows.
- Report all situations to your C!M Staff. Facility and restroom needs should also be reported to your staff, front desk workers or the dorm supervisors.
- Athletes leaving camp early must be picked up by a parent who needs to sign an additional release form. C!M does not grant partial camp fees.
- Cheerleading is a contact sport and there is a risk of injury, including, but not limited to, concussions. We encourage all parents, athletes and coaches to review the concussion prevention information provided at:

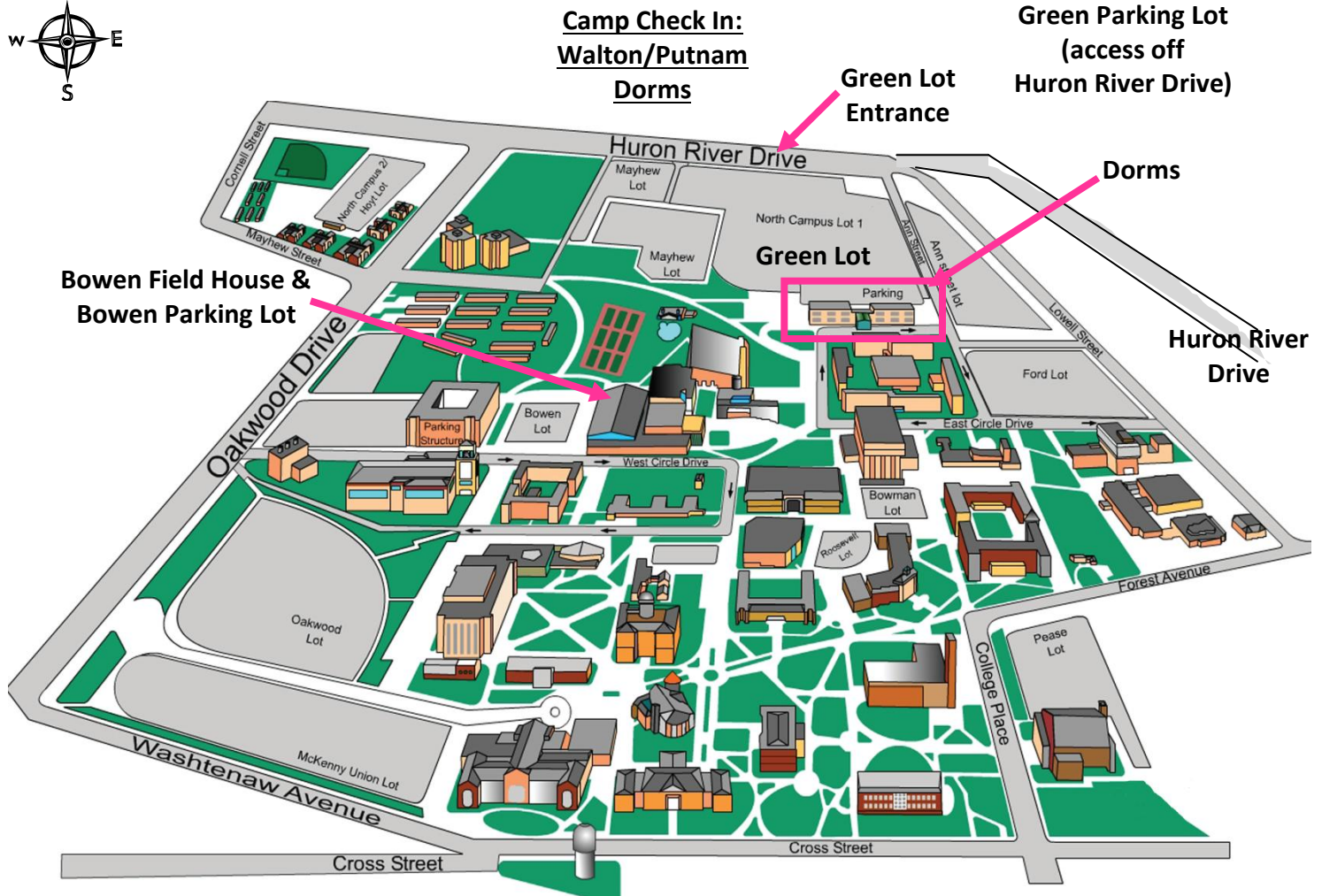
http://michigan.gov/documents/mdch/Parentandathleteinfosheet_415328_7.pdf

Rest assured our Staff, Directors, and Athletic Trainers work hard to keep athletes safe while at our camps. We follow the rules and guidelines set forth by several governing bodies and look to coaches to help us in keeping all athletes safe.

C!M Summer Team Camp

Eastern Michigan University

Walton/Putnam Dorms
Off Huron River Drive – North Campus
Ypsilanti, MI 48197



C!M Office: 734.676.6334

From US 23: Take Exit 37 A. You will be heading East on Washtenaw toward Oakwood. Turn left onto Oakwood, then follow map.

From I -94: Take Exit 183, Huron Street. Stay on Huron Street, it turns into Huron River Drive. Follow Huron River Drive North to the Green Lot.

Final Day: The Final Day Performances will take place on the Main Field (by the dorms) or Bowen Field House. You can access Bowen off of Oakwood. The best option is to park in the Green Lot (where you will need to be for check-out anyway) and walk over to Bowen through campus.

- **EMU charges a \$10 per weekday parking fee (Monday – Friday) for all cars on campus. Coaches will be able to purchase passes at Registration. Passes will not be needed on the final day of camp for the Green Lot or Bowen lots. Overnight parking will be in the Green Lot.**