

# CHEER! MICHIGAN

## Summer Team Camp 2017

3-Day Sessions

### Coach Information

Thanks for choosing CIM. We are thrilled to have you with us and we know that you and your athletes will love your experience at CHEER! MICHIGAN!

Please review all of the enclosed material carefully and share it with your team so that everyone can be ready to have a great time with us at camp.

See you soon ~

**Kate Edge, CIM Director &  
The CHEER! MICHIGAN Staff**

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### PREPARING FOR CAMP COACH CHECKLIST:

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- \_\_\_ Call a Team Meeting to discuss camp preparations and review all materials and CIM Rules and Expectations.
- \_\_\_ Handout: Release Forms, Parent Information Sheets, and maps
- \_\_\_ Carefully review our camp schedule. Coordinate drop off and pick up
- \_\_\_ Go over your camp invoice and make plans for your final payment, which is due 2 weeks before your session begins.
- \_\_\_ Collect your Release Forms in advance, fill out your Team Roster Sheet and bring them with you to Registration.

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### CHECK-IN AND CHECK-OUT

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|------------------------|--|
| Day One:               | 3:30 p.m. ~ 5 p.m.                               |
| Final Day (All Camps): | Teams may leave after check out around 3:00 p.m. |
- Please note the final day NOW ends in the late afternoon for 3-Day Sessions!**

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### FINAL DAY FESTIVITIES

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Visitors are welcome to attend our **Final Day Camp Festivities beginning at 2:00 p.m.** The map to EMU indicates where visitors should park and report. Final Day Performances will take place on the Main Field or in Bowen Field House.

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### CAMP SCHEDULE

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You will receive an overview of your session schedule after July 1st. Please read through this material carefully so that you can get everything you need! You will also receive a copy of a final camp schedule when you arrive.

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### ROSTERS & RELEASE FORMS

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We will need you to turn in your completed Team Roster Sheet with the names of each athlete attending camp or bring a completed Roster with you.

Each participant must have a completed Release Form before she/he is allowed to participate.

*If you are attending another CIM Camp before your Team Camp, we will make a copy of the Roster & Medical Release Form from whichever camp you attend first and put one away for your future sessions, so your athletes do not have to fill them out twice.*

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### KEY POLICY

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EMU charges a \$60 lost key fee and \$10 lost swipe card fee, **DUE PRIOR TO CHECK-OUT**, for items not turned in to your Staff Buddy (athletes and coaches alike). There will be no refunds for keys or cards found after teams leave their session.

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### BALANCE DUE

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Your Team Camp Balance is due a full two weeks before your session begins. At that time, final numbers are called in to our sites. A \$200 late fee per school will be applied for balances not paid on time. **NO EXCEPTIONS!** Spots and deposits may also be forfeited. Teams will not be able to check-in at camp without payment in full.

Please send school, booster or cashier's check or money order. Individual camper checks will not be accepted. Final balances **CANNOT** be paid by Credit card.

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## MEALS

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All meals will be provided throughout camp. This includes dinner on night one through lunch on the final day.

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## C!M PRO SHOPPE

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There are great buys in our camp store! Novelty items, hoodies, tees, shorts, and more! We accept cash, Visa, and MasterCard.

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## SUMMER HEAT

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Please bring adequate sun protection and insist on its use! We will have sun block available at every teaching station as well. We give frequent water breaks. Each athlete should bring a water bottle to the field each day (also available at the C!M Pro Shoppe).

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## C!M CAMP PHONE POLICY

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Due to our active schedule, athletes may not make or receive phone calls, except for emergencies, during instructional hours. Athletes may NOT bring cell phones to the fields.

We request that coaches act with courtesy for others and not use their cell phones during coaching sessions, when supervising their teams, or by teaching groups at camp.

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## TEAM PHOTOS

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This year formal team photos will not be provided. However, we have reserved time in the schedule for teams to use their own phones or cameras to do photos.

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## EMERGENCY NUMBERS

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Eastern Michigan Public Safety: 734.487.1222  
C!M OFFICE: 734.676.6334

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## SUPERVISION

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Your teams will be completely supervised from the morning Warm-Up until the end of the night Cool-Down. You will know where to find our C!M Staff throughout the night and off hours, should emergencies occur.

After the teams leave the field for the night, coaches are responsible for the behavior and proper rest of their teams. Junior high and freshman teams must have adult supervision at all times.

Your Staff Buddy will come by for a Bed Check with each team before lights out.

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## CANCELLATION / REFUNDS

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Refunds are issued for medical reasons ONLY and are only considered when a written request, accompanied by a certified medical note, is sent via mail to the C!M Office BY PARTICIPANT'S PARENT OR GUARDIAN.

**There will be no exceptions to this policy.**

- For a full refund, less the \$100 deposit, the request must be received a full two weeks before the session begins (that is when we call our guaranteed numbers in to our sites).
- A 50% refund, less the \$100 deposit, will be issued if request is received less than two weeks before the session begins.

### Mail Refund Requests To:

C!M - 20989 Hickory Street, Woodhaven, MI 48183

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## EMU ROOMING

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At EMU there are up to 2 athletes/coaches to a room and up to 4 total to a suite. Pairing your athletes up by 2's will make placement easier once you arrive to camp. Odd numbers will be suited up in groups of three.

Coaches will be responsible for signing all keys in and out with the C!M Staff and EMU Front Desk.

Coaches will be assigned roommates at camp. You will be placed first with the coaches attending from your own school, and may share a bathroom (suite) with your athletes.

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## WHAT TO BRING

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- Clothing for each day of camp (teams may choose to dress alike, but it is not required). **Look at our theme days for what to wear!** Sports bras must be covered with tees or tanks. Athletic shoes and socks, pajama's, rain gear.

Day 1: Pink Out

Day 2: School Color Day

Day 3: Fire Up Day

- Linens: bathmat, twin bedding, pillow, wash cloth, bath towel, hand towel.
- Personal toiletries, sun protection, hand soap for the bathrooms, insect repellent.
- Alarm clock, camera, water bottles, money for C!M Pro Shoppe (if desired).
- **TEAM BAG:** To be taken to the field each day for keys, hand sanitizer, handbook, cameras, etc.
- **EMU:** Plan to bring a fan, EMU does not have central air in the dorms.

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## WHAT NOT TO BRING

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- **JEWELRY:** wearing it while cheering is not allowed under our state safety guidelines.
- **VALUABLES:** C!M is not responsible for lost or stolen articles, including money.

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## C!M CAMP RULES

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**C!M Rules are for the health and safety of all and will be strictly enforced.**

**Teams or individuals not complying with these policies will be subject to immediate dismissal.**

- No illegal drugs, alcohol or cigarettes are allowed at camp.
- All safety rules must be strictly adhered to. We expect all athletes to listen carefully to, and abide by all announcements, schedules, and staff direction.
- Shoes must be worn in all public places.
- C!M is not responsible for the loss of money or valuables.

- In accordance with the Safety Guidelines, nails must be trimmed to the edges of the fingers. Individuals with hard casts cannot participate in stunting and **ALL PIERCED BODY JEWELRY MUST BE REMOVED. No jewelry - no exceptions!**

*C!M Camp Rules Continued...*

- Come to the field each day ready to work! No pop, gum, or candy and hair must be up! Athletes may not wear visors, plastic headbands or sunglasses during stunting or tumbling. Athlete's cell phones are not allowed on fields or in sessions.
- All items left on the field or in dorm rooms will be discarded or donated to charity at the end of each session.
- The C!M Staff expects our athletes to be polite, courteous and to treat one another, other teams, coaches and staff with respect at all times.
- Athletes may not leave camp by themselves or ride in cars during their session. Coaches may not drive athletes to and from locations during camp.
- Teams must clean up after themselves at meals. No food may leave the cafeteria.
- Athletes may not leave their rooms after Bed Check. Lights out at 11:00 p.m. Lock Out Policy - Campus or C!M Staff will not open doors after Bed Check. Athletes will have to bunk up if locked out.
- **C!M does not tolerate any Team Initiation process.**
- In the event of a medical emergency, send two people to a C!M Staff Member or Athletic Trainer immediately. We are available 24 hours a day.
- Rooms must be completely cleaned prior to checkout. Contact staff for trash bags or repairs.
- In rooms, do not use decorative substances that will leave permanent damage (paint, markers, tape, tacks, etc). Teams will be charged for any cost incurred as a result of damage from decorations or misuse. Turn off lights and electrical devices when leaving your rooms.
- Lock your doors at all times to ensure privacy and do NOT lean against screens/windows.
- Report all situations to your C!M Staff. Facility and restroom needs should also be reported to your staff, front desk workers or the dorm supervisors.
- Athletes leaving camp early must be picked up by a parent who needs to sign an additional release form. C!M does not grant partial camp fees.

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## C!M NOTE TO COACHES

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In order to make camp a great experience for everyone, we ask for your consideration with the following:

- While CIM Staff works diligently to supervise and ensure every team's safety at camp, we do rely on our coaches to share in that responsibility. Please make sure your athletes are following all of our rules and guidelines. When stunting, make sure they are using four corner spotting and following safety guidelines.
- We ask our athletes to dress appropriately and wear tee shirts or tanks over their sports bras. We respectfully ask you to do the same.
- If you are not satisfied regarding our program, staff, or another team during your stay, please let us know immediately. We can only help make things right if we know about your concerns.
- We hope that ALL coaches take advantage of the coaching sessions and networking opportunities we offer at Team Camp. They are designed with thorough research and value for all levels of experience.

*Excellence Lives Here!*



# 2017 C!M Summer Camp Team Roster

Please bring this form with you to Registration and turn in with your Medical Release Forms. (Make additional copies if needed.) Please list the full name for all athletes attending camp, the grade level (i.e. sophomore) and code which camp(s) they are attending.

School: \_\_\_\_\_

Team Level: \_\_\_\_\_

**Athlete Name:**

**2017 - 2018  
Grade Level:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

# CHEER! MICHIGAN Medical & Release of Liability Form

Athlete Name: \_\_\_\_\_

School: \_\_\_\_\_ Team Level: \_\_\_\_\_

Parent or Legal Guardian Printed Name: \_\_\_\_\_

Parent or Legal Guardian Signature :  
(Signature indicates agreement with all terms of release.)  
\_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

Athlete Signature:  
(Signature indicates agreement with all terms of release.)  
\_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

Athlete Gender: M F Athlete Birth Date: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian Home Phone: (\_\_\_\_\_) \_\_\_\_\_

Parent/Guardian Cell Number: (\_\_\_\_\_) \_\_\_\_\_

Alternate Contact Name : \_\_\_\_\_

Alternate Contact Phone: (\_\_\_\_\_) \_\_\_\_\_

Insurance Company & Policy Number (if no insurance write none):  
\_\_\_\_\_

Family Doctor Name : \_\_\_\_\_

Family Doctor Phone: (\_\_\_\_\_) \_\_\_\_\_

● CIM will give aspirin/Ibuprofen, non-prescriptive acetaminophen & cough syrup when needed and upon written authorization (noted below) by a parent or legal guardian. List any other current medication and directions below (attach additional sheet if needed). Bring medications in original containers:  
\_\_\_\_\_  
\_\_\_\_\_

*Unless otherwise indicated, athletes will be responsible for administering all current medication as previously directed by a qualified medical caregiver. Athletes who have an injury which requires daily taping should bring their own tape and pre-wrap.*

● Allergies and reactions (food, sun, bee sting, medications, etc):  
\_\_\_\_\_  
\_\_\_\_\_

*Athletes who have an Epi-Pen for severe allergic reactions must carry their kits with them at all times.*

● Any illnesses, injury, physical limitations, absence of organ, hospitalization, etc. that have occurred within the last year, or any other medical conditions in the athlete's past which may affect his/her ability to participate in CIM programs and/or the administration of possible medical care and treatment (ex. history of cancer, diabetes, heart abnormalities, etc.):  
\_\_\_\_\_  
\_\_\_\_\_

**A copy of this Release must be completed in full by a parent or legal guardian ONLY. This form must be turned in before individual may participate in ANY CHEER! MICHIGAN activities.**

As the parent or legal guardian of the athlete named on this form (printed and by signature) and in consideration of CHEER! MICHIGAN ("CIM"), my minor child/ward ("athlete") being allowed to participate in any way in the CHEER! MICHIGAN ("CIM") programs including but not limited to Team Camp, Stunt Camp, and Day Camp, related events and/or activities I hereby freely and voluntarily acknowledge and agree to the following terms of CIM's Medical & Release of Liability Form ("Release"):

● In taking part in CIM activities, there is a possibility of physical illness or injury to my child (including the potential for permanent disability and death) and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury nonetheless exists; as such myself and my minor child knowingly and freely assume all such risks both known and unknown, even if arising from the negligent actions of CIM, its staff, directors, trainers, contract employees, guest presenters and/or others during the camp(s) and while traveling to and from the site for the camp(s).

● I have read and agree to adhere to the information contained in the Camp Confirmation Sheets as well as all other CIM policies. I take full responsibility for the named athlete's understanding and compliance with all such policies. I also willingly agree to comply with CIM's stated and unstated customary terms and conditions for participation. I agree to assume liability for all medical costs, attorneys' fees, and all other damages resulting from any injury, illness, disability or death, to the above named athlete which may occur in the care and/or supervision of CIM, its staff, directors, athletic trainers, special guests, and/or staff RNs (collectively "CIM representatives"); and,

● In the event the above named athlete be in need of medical treatment resulting from illness and/or injury while under the care and supervision of CIM, I, the undersigned, hereby hold CIM, CIM representatives, Victory Cheer, Eastern Michigan University, it's employees and agents harmless in the exercise of such authority. I will be notified if the named athlete requires medical treatment and must be transferred from CIM campsite grounds in order to receive such treatment. In cases of non-emergency illnesses and/or injuries, CIM has the sole discretion to notify and require me to pick-up the named athlete and remove them from CIM campgrounds or require my verbal or written consent before the athlete may continue to participate in CIM programs. I agree that CIM incurs no liability for any costs associated with the transportation of athlete and/or received care for any such illnesses an/or injuries. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of minor for any illness or injury that minor may sustain during the camp and while traveling to and from the site for the camp.

● I further grant CIM the permission to use photographs which may contain portraits of the named athlete for advertising purposes on the company's website and/or in other CIM printed publications, advertisements, brochures, fliers and other such marketing materials.

● It is my understanding that said athlete will be subject to the rules and regulations of Eastern Michigan University and/or Northwood University. Any participant that is found in possession of fireworks, explosives, and any and all weapons, will be removed from campuses. Athletes found admitting unauthorized individuals onto campus will be removed from campuses.

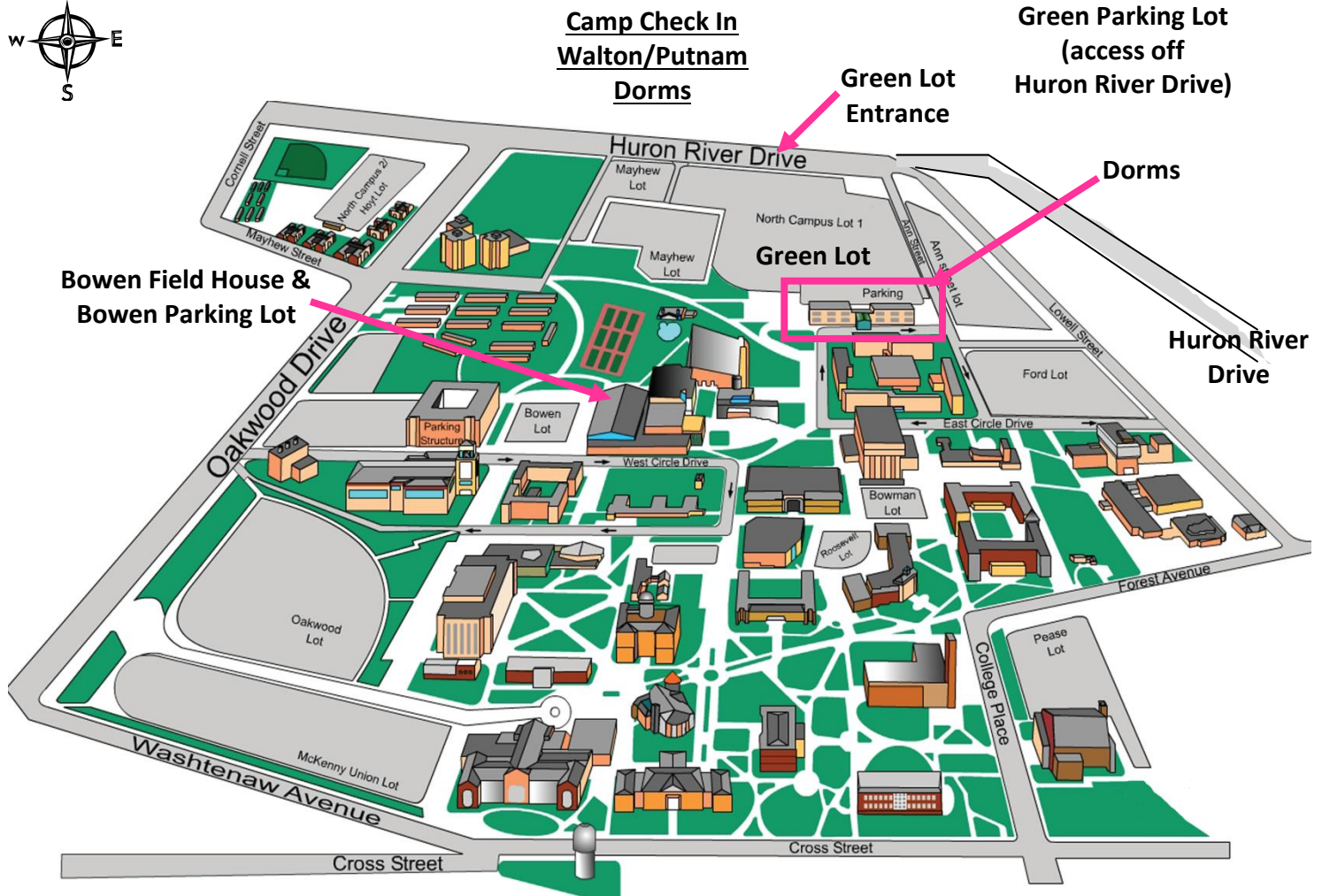
● I, my heirs, assigns, personal representative and next of kin hereby indemnify and hold harmless CIM, Victory Cheer, Eastern Michigan University, their regents and employees and agents in addition to CIM representatives or special guests for the negligent acts of other participating athletes, participants, spectators, sponsoring agencies, advertisers, and if applicable, owners and/or lessor of premises used to conduct CIM programs, with respect to any and all injury, disability, death and/or loss of damage to person and/or property incident to the named athlete's involvement or participation in CIM programs, to the fullest extent permitted by law.



# C!M Summer Team Camp

## Eastern Michigan University

Walton/Putnam Dorms  
Off Huron River Drive – North Campus  
Ypsilanti, MI 48197



C!M Office: 734.676.6334

**From US 23:** Take Exit 37 A. You will be heading East on Washtenaw toward Oakwood. Turn left onto Oakwood, then follow map.

**From I -94:** Take Exit 183, Huron Street. Stay on Huron Street, it turns into Huron River Drive. Follow Huron River Drive North to the Green Lot.

**Final Day:** The Final Day Performances will take place on the Main Field (by the dorms) or Bowen Field house. You can access Bowen off of Oakwood. The best option is to park in the Green Lot (where you will need to be for check-out anyway) and walk over to Bowen through campus.

- **EMU charges a \$10 per weekday parking fee (Monday – Friday) for all cars on campus. Coaches will be able to purchase passes at Registration. Passes will not be needed on the final day of camp for the Green Lot or Bowen lots. Overnight parking will be in the Green Lot.**